

ISLAND MARKET BREAKFAST



Bakery Cabinet...

Orange & cinnamon morning bun	5
Orange & Almond Cake GF	5.5
Croissant	5
Escargot	5
Walnut Baklava	4.5
	
CharCol Springs pastured eggs your way on toast	13
Sourdough, paleo toast or toasted pita with I/M preserves <i>Red fruits & roses, apricot & orange blossom, three citrus marmalade</i>	7
I/M nuts, fruits & grains, honey yoghurt	12
Blended strawberry & banana bowl, chia coconut pudding, granola GFO	16
Pancakes, dates, grilled banana, date molasses	16
Israeli smashed avocado, feta, sourdough toast, labneh	16
Persian spiced scrambled eggs & spinach, za'atar man'ouch	16
Swiss brown mushrooms, kefalotyri cheese, hummus, pita, rocket	17.5
Breakfast Pide - Egg, peppers, haloumi, I/M tomato sauce add Turkish sausage	15 4
Blue swimmer crab omelette, goat's curd, chives, sourdough toast	24
Island breakfast - eggs your way, bacon, mushroom, smashed avocado sourdough toast	23.5

Extras - Bacon 7, mushrooms 5, smashed avocado 5, poached egg 4

A Produce Driven Kitchen

CharCol Springs is a small, sustainable family owned farm nestled in the heart of the Southern Forests Region.

PLEASE NOTE A 15% SURCHARGE APPLIES ON ALL PUBLIC HOLIDAYS

BUBBLES

NV I/M Fizz 'Blanc de Blancs'	France	8/48
NV Babo 'Prosecco DOC'	Friuli-Venezia Giulia, ITA	10/60
11 La Cache Rosé'	Margaret River, WA	12.5/75
NV Duval-Leroy 'Brut Reserve'	Vertus, Champagne, FRA	19/115

CHEEKY BELLINI

9/15

Elderflower, prosecco, sparkling orange. Zero Proof option also available.

SUN-DAY SOCIAL

16

Rose, orange & a hint of saffron, mixed with lemon juice topped with sparkling. Perfect for anytime of the day!

MAPLE BACON BLOODY MARY

18

Maple bacon washed bourbon presents a slightly sweeter Bloody Mary, but also brings a richer, more smokey flavour.

Served with candied bacon.

ROAST TOMATO BLACK PEPPER BLOODY MARY

18

Roast tomato medley & cracked black peppercorn infused gin gives this Bloody Mary beauty the kick-start you need right now.

100% COLD PRESSED JUICE BY PRESSED DAILY

9.5

RESTORE

Carrot, apple, beetroot, ginger

BOOST

Cucumber, celery, kale, lime

HYDRATE

Watermelon, apple, mint, lime

IMMUNITY

Carrot, orange, lemon, turmeric

TEA BY CHAMELLIA

4.5

French Earl Grey

English Breakfast

China Sencha

Peppermint Tea

Chamomile

Lemongrass & Ginger

COFFEE BY FIVE SENSES - 'CROMPTON BLEND'

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