



ISLAND MARKET BREAKFAST

Bakery Cabinet...

Orange & cinnamon morning bun	5
Croissant	5
Escargot	5
Walnut baklava	4.5
Orange & almond cake GF	5.5
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CharCol Springs pastured eggs your way on toast	13
Sourdough, paleo toast or toasted pita with I/M preserves <i>Red fruits & roses, apricot & orange blossom, three citrus marmalade</i>	8
I/M nuts, fruits & grains, honey yoghurt	14
Blended strawberry & banana bowl, chia coconut pudding, granola GFO	16.5
Pancakes, dates, grilled banana, date molasses	17
Israeli smashed avocado, capsicum, sourdough toast, feta labneh	16
Persian spiced scrambled eggs & spinach, za'atar man'ouch	18
Swiss brown mushrooms, kefalotyri cheese, hummus, pita, rocket	17.5
Breakfast Pide - Egg, peppers, haloumi, I/M tomato sauce add Turkish sausage	16 5
Blue swimmer crab omelette, goat's curd, chives, sourdough toast	24.5
Island breakfast	
Eggs your way, bacon, mushroom, smashed avocado, sourdough toast	23.5
Extras - Bacon 7, mushrooms 5 , smashed avocado 5, poached egg 4	

PLEASE NOTE: AS A LARGE VENUE WE CANNOT ACCOMMODATE SPLIT BILLING
AND A 15% SURCHARGE APPLIES ON ALL PUBLIC HOLIDAYS

BUBBLES

NV I/M Fizz 'Prosecco'	King Valley, VIC	8/48
NV Billecart-Salmon 'Brut R�serve'	Champagne, FRA	20/125

CHEEKY BELLINI

Elderflower, prosecco, sparkling orange. **15** Zero Proof option **9**

SUN-DAY SOCIAL

16

Rose, orange & a hint of saffron, fresh lemon juice prosecco top.

MAPLE BACON BLOODY MARY

18

Maple bacon washed bourbon, candied bacon.

ROAST TOMATO BLACK PEPPER BLOODY MARY

18

Roast tomato medley & cracked black peppercorn infused gin

100% COLD PRESSED JUICE BY PRESSED DAILY

9.5

RESTORE

Carrot, apple, beetroot, ginger

BOOST

Cucumber, celery, kale, lime

HYDRATE

Watermelon, apple, mint, lime

IMMUNITY

Carrot, orange, lemon, turmeric

TEA FOR ONE

4.5

French Earl Grey

English Breakfast

China Sencha

Peppermint Tea

Chamomile

Lemongrass & Ginger

COFFEE BY FIVE SENSES - 'CROMPTON BLEND'

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